



Australian Government

VIOLENCE AGAINST WOMEN
**LET'S STOP IT
AT THE START**

How to keep talking to your child about respect

Conversations about treating women
with respect



Easy Read version



How to use this guide



The Australian Government wrote this guide.

When you see the word 'we', it means the Australian Government.



We wrote this guide in an easy to read way.

We use pictures to explain some ideas.



We wrote some important words in **bold**.

This means the letters are thicker and darker.



This is an Easy Read summary of another guide.

This means it only includes the most important ideas.



You can find the other guide on the Respect website.

www.respect.gov.au/resources/conversation-guide



You can ask for help to read this guide.

A friend, family member or support person
might be able to help you.

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About this guide



Violence is when someone:

- hurts you
- scares you
- controls you.



This guide explains how you can keep talking to your child about:

- violence against women
- treating women with respect.

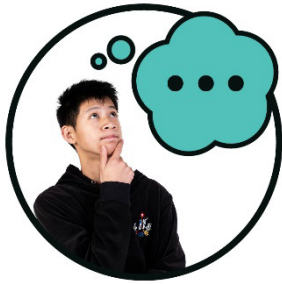


We know it's hard to talk about violence against women.



But it's an important conversation to have with your child.

Why it's important to talk about respect



When you talk to your child about respect, it can help you understand what they:

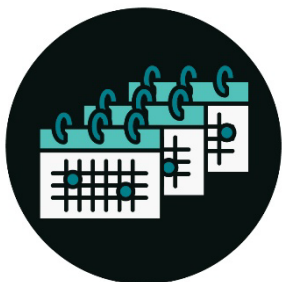
- know
- feel
- believe.



You can talk to your child about how to treat women with respect.



You can also talk to them about what they can do if someone doesn't treat them with respect.



You should try to talk to your child about treating women with respect often.



This conversation will get easier every time.

And your child will know they can talk to you about it when they want to.

How to talk about respect with your child



Your child might not want to talk to you about treating women with respect.

But there are ways you can encourage them to have this conversation.



You can tell your child what you think about treating women with respect.

Then ask them to think about it too.



Let them know it's safe to share their ideas with you.

Tell them you are there to support them.



You can talk to your child about any problems they are having.

And let them know it can be hard to make the right decision about what to do.



You should talk to your child about what they have done well.

For example, when they have:

- treated others with respect
- reacted to a situation in a positive way.



When you talk to your child about respect, they might tell you things about their life that you didn't know.



For example, they might tell you that their friend forced them to do something they didn't want to do.



You need to stay calm if your child shares these things with you.



You should also make sure you:

- keep listening to them
- let them keep talking if they want to.

Support for you and your child

The Respect website has many resources about:



- understanding respect
- how to have conversations about respect.

You can find these resources on the Respect website.

www.respect.gov.au



We wrote Easy Read information to help you understand violence against women in Australia.

You can find it on the Respect website.

www.respect.gov.au/the-issue



We wrote Easy Read information on the Respect website about how young people can learn about disrespect online.

www.respect.gov.au/hidden-trends



It is also important to have conversations with young people about respect.

We have information on the Respect website about having these types of conversations with young people.

www.respect.gov.au/conversation-guide



We have information on the Respect website about being aware of excuses.

www.respect.gov.au/excuse-interpreter



It is important to have conversations with other adults about how to teach children respect.

We have information on the Respect website about having these types of conversations with other adults.

www.respect.gov.au/generation-respect

More information



The National Community Attitudes Survey is a survey about what people think of violence against women in Australia.

You can find out more on their website.

www.ncas.au



The Personal Safety Survey collects information about people's experiences of violence.

You can find out more on their website.

www.abs.gov.au/statistics/people/crime-and-justice/personal-safety-australia



The Australian Institute of Health and Welfare shares information about people's health and wellbeing.

This includes information about people's experiences of violence.

You can find out more on their website.

www.aihw.gov.au



The Line is a website with information for young people about sex and respect.

You can find out more on their website.

www.theline.org.au



The Student Wellbeing Hub is a website with information about making schools:

- safe
- places where people respect each other.

You can find out more on their website.

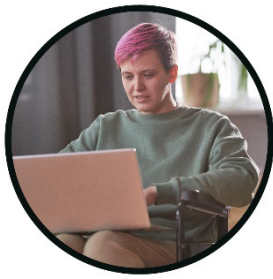
www.studentwellbeinghub.edu.au



The Australian Government has a website called eSafety about supporting people to learn about being safe online.

You can find out more on their website.

www.esafety.gov.au



Say it Out Loud is a website that supports people in the **LGBTIQA+** community.



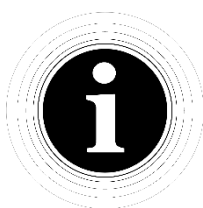
The letters LGBTIQA stand for lesbian, gay, bisexual, transgender, intersex, queer or questioning and asexual.

The '+' is for people who are part of the LGBTIQA+ community but don't talk about themselves using a word from this list.



You can find out more about these supports on their website.

www.sayitoutloud.org.au



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